



**Dr. B & Mrs. B**  
*LifeStyle*

## Current Events Blog/Newsletter

Summer 2025 from our Podcast Shows (#25 and #26)

### **Topic: “Parenting” and “FAFO Parenting”**

#### **MrsB Major Comments:**

- Surprised the topic of parenting has grown so much during the recent years.
- Always engrained into our family and it’s a natural fit within our families.
- Used to be many services and resources supporting Parenting in our society.
- The “value” of Parenting has lost its importance in many families.
- Disagree with “FAFO” Parenting.

#### **DrB Major Comments:**

- We have lived experience as Parents of three kids for the past 33 years.
- Highlighted a long list of parenting issues in society today.
- So many folks have not learned how to be a good parent.
- Disagree with “FAFO Parenting.”

#### **Resources:**

Nemours Kids Health – <https://kidshealth.org/en/parents/nine-steps.html>

Psychology Today – <https://www.psychologytoday.com/us/basics/parenting/how-be-good-parent>

WebMD – <https://www.webmd.com/parenting/features/10-commandments-good-parenting>